

P.O. Box 171 Covington, LA 70434 72060 Ramos Ave Covington, LA 70433 Phone: (985) 892-0377 Email: coast@coastseniors.org Website: www.coastseniors.org

FOR IMMEDIATE RELEASE

CONTACT:
Julie Agan
Executive Director

COAST: Council on Aging St Tammany

Phone: (985) 892-0377

COAST Opening ALL Activity Centers Starting November 15th, 2021

St. Tammany Parish Louisiana – November 8th, 2021
Attention Senior Citizens and Caregivers from West and East St. Tammany Parish! The COAST Activity Centers will be opening starting **Monday, November 15th, 2021.** The following centers include: Bush Activity Center (81605 Hwy. 41), Covington Activity Center (19404 N. 10th St.), Folsom Activity Center (13296 LA-40), Lacombe Activity Center (27397 Hwy. 190), Mandeville Activity Center (3090 E. Causeway Approach), Pearl River Activity Center (39443 Hwy. 41 Spur), and Slidell Activity Center (610 Cousin Street).

Hours: Monday-Thursday from 9:00AM to 11:30AM. Lunches will not be served. Client receiving home delivered meals will continue to be delivered on the scheduled delivery day.

The centers are to open to our clients starting Monday, November 15th, 2021 for a limited period of time a day. Although the state-wide mask mandate has been lifted, clients coming to the Centers will be required to wear masks. Temperatures will be taken and clients will be asked to answer a few health questions prior to entering the building. COAST is proud to announce that 94% of COAST staff working in the seven centers have been vaccinated. There are however, clients who have been unable to be vaccinated. These precautions will assist COAST in keeping both clients and staff safe from potential COVID exposure.

If you have access to a phone, computer or laptop we encourage you to join us on ZOOM and Facebook for educational, wellness, and fun filled classes. We will offer weekly videos on Facebook ranging from Caregiver Support, Nutrition Education, Wellness and Activities. **Kristy Livaudais - Wellness Coordinator**, will hold her SAIL classes Monday/Wednesday/Friday on ZOOM. This is still available for clients who do not wish to return to centers yet.

For more information please contact COAST. Office hours are 7:30am – 4:00pm.

